

thirdpathInstitute

PARENTS FORUM

October 16 | October 23 2020



Re-imagining Work, Love and Leadership: An Event for Parents and Parents-to-be

Want to discover a new way of approaching work and family? One that lets you succeed at work while also having plenty of time and energy for other life priorities?

Going into our third decade of research and advocacy, ThirdPath Institute has learned a lot about the different elements parents combine as they reach for their preferred work and family goals.

Tradition, society, and work cultures that reward a work-first mindset can result in our jobs taking up every minute not assigned elsewhere. We can help you write a different script. One where parents work together to get smart about what they want, allowing them to succeed at work and have plenty of time for family.

A stumbling block for some, is the assumption that you need to put work first in order to move ahead in a career. That's why ThirdPath has been working with a new kind of leader - professionals who advanced in their careers while also creating time for life. We call them Third Path Leaders.

Let us help you re-imagine work, love and leadership. There isn't a "one size fits all" solution, but ThirdPath's Parents Forum will help you begin your journey to finding the answer that best fits your needs.

Join us for this special virtual event – we've even scheduled the Forum as two half days – to help you keep your work and life responsibilities on track.

Begins...

October 16, 11am to 2pm ET

Continues...

October 23, 11am to 2pm ET



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PARENTS FORUM



OCTOBER 16

11:00 to 12:00pm ET

Opening - we will all gather on **Zoom** to launch our learning and community building experience.

12:00 to 12:30pm ET

A short break to help you keep work and life on track.

12:30 to 2:00pm ET

Break out groups - Changes at Work

Participants sign up for break-out groups in advance and will receive a **Zoom** link and handouts.



OCTOBER 23

11:00 to 12:30pm ET

Break out groups - Changes at Home

Participants sign up for break out groups in advance and will receive a **Zoom** link and handouts.

12:30 to 1:00pm ET

A short break to help you keep work and life on track.

1:00 to 2:00pm ET

Closing – We will gather on **Zoom** to share insights as a whole group

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BREAK-OUT GROUPS

Participants attend one break-out session each day.

Changes at Work

1. Launching an Integrated Career - Having an integrated career allows people to set limits around work that are also "triple-win" solutions - solutions that are good for you, your work AND for the colleagues and clients you work with. Learn the steps you can take to set limits at work to accommodate the Covid-19 crisis and have more time for life during the pandemic and beyond.

2. Courageous Conversations at Work - Asking for change to achieve your flex goals may feel risky. Will your remote work experiences around the Covid-19 pandemic shift this dynamic? Discover how flex is possible by examining barriers that you might encounter at work. Prepare for those tough conversations at work by designing "triple-win" solutions. Note--this session pairs well with the "Helping Couples Get on the Same Page" session.

3. Re-Calibrating Work - An essential skill when creating an integrated approach is learning how to better manage "workflow" - the pace and quantity of the work you do. How did the Covid-19 pandemic impact your workflow? Use this session to learn the secrets of better managing workflow to achieve an integrated approach to work and life.

Changes at Home

1. Helping Couples Get on the Same Page - It is challenging to create more time for the people you love. When couples learn how to clarify and align work and family goals, they can partner to build the life they want, including addressing an unsupportive boss or workplace.

2. Building in Breathing Room - There are many factors that can make creating "recharge time" challenging: the age of your children; the work you do; the on-going demands and responsibilities of life. How has Covid-19 impacted your recharge time? Use this session to explore strategies that will help you reclaim time for self-care and couple time.

3. Team at Home - Your Current Coordinates - Covid-19 has brought about many unexpected changes in our lives. But change is a constant when integrating work and family: our kids get older; we get new jobs or new bosses; our priorities shift. Learn how to assess your current situation to improve life today, and how to revisit this process over time as your needs change and evolve.

CONNECTING THROUGH PAIRS

ThirdPath Institute is proud of our ability to foster authentic conversations about the topics we address. One way we do this is by having people talk in pairs. This helps each of us connect the topic to our own experiences – both personally and professionally.

To encourage authentic conversations, we will pair you up with a pre-assigned ThirdPath "expert" to connect with at specific times over the course of the Forum. The goal: to help you gain a deeper understanding of work, family and leadership redesign and how these ideas apply to your life. Participants will receive a separate email providing detailed information about their pre-assigned pairs prior to the event.

CLOSING

Our final activity will provide an opportunity for the whole group to share the new ideas they've discovered around work, family and leadership redesign. We will also hear key take-aways from the break out groups.



ThirdPath Institute assists individuals, families and organizations in redesigning work and life to create time for family, community and other life priorities. We provide a road map for individuals and organizations to design an integrated approach to work and life so we can succeed at work while caring well for our loved ones and communities. Through this work, and in collaboration with others, we encourage more progressive conversations at home, support more flexible workplaces and push for improved public policy.

ThirdPath Institute is a 501(c)3 nonprofit organization, that relies on the support of individuals in order to keep cost of services low, quality of programs high and breadth of reach expanding. Please consider a donation!



QUESTIONS? time4life@thirdpath.org

