

THURSDAYS WITH THIRDPATH: SEASON RE-CAP!

This year we explored Anne-Marie Slaughter's mandates for change. Each mandate exemplifies our goal of creating a roadmap for thriving families AND gender equity. Here's another update about what we learned ...

In February we spoke with **Sherry Leiwant**, co-founder of *A Better Balance*. On this call we learned how they are fighting hard to expand the choices for men and women at all income levels to care well for their families without sacrificing economic security by working on paid parental and paid sick leave. Just released: their guide for paid family leave for dads and male caregivers.

Want just the audio version of the season? Download from [iTunes](#). Want to listen? Our website has [recordings](#) of this season's webinars.

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Sherry Leiwant

- Co-president, *A Better Balance*
- Tireless advocate for: National work around paid family leave and paid sick days

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Paul Rupert

- Phased Retirement delivers:**
- Retention of "regretted leavers"
 - Capture hard-to-replace knowledge
 - Better succession processes
 - Enhanced mentoring
 - Improved employee morale



Paul Rupert from *Respectful Exits* joined us in March. Paul is a longtime advocate for work life integration. Together we discussed the need to redesign retirement to support our rapidly aging population of workers. It turns out doing this brings many benefits to workplaces. It's also essential to our collective well-being as more of us desire engagement with work past the age of 65.

In April, we hosted our friend and co-conspirator for change **Brigid Schulte**. Brigid is the author of *Overwhelmed*, and the director of the *Better Life Lab*. During our call we explored the age-old question - what needs to shift first, organizational culture or individual behaviors? Listen to the recording to discover the key role leaders play in this important discussion.

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Brigid Schulte

- Award winning journalist
 - Author, *Overwhelmed*
 - Director, *The Better Life Lab, New America*
- Pushing back at overwhelm helps us work smarter AND live more joyful lives!**

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Matt Schneider



For our 9th annual Father's Day webinar, we had **Matt Schneider** and other amazing dads join us. Matt is a ThirdPath board member and co-founder of *City Dads Group*. We knew lasting change would only happen if we included men in the process - so did Matt. Now both of our organizations are working to help men across the country redefine fatherhood for the 21st century.

Stay tuned! Next month we announce the theme for our next exciting season of Thursdays with ThirdPath webinars.

Creating Culture Change Requires Courage ... and Hope

What keeps the ThirdPath community moving forward? Learning from and being inspired by the amazing moms, dads and leaders who have gone ahead and asked for change - even when they've had to be pioneers in doing so. What derails the progress we are all working towards? Losing hope, and losing courage.

Change is hard. It requires overcoming many obstacles. Here are a few things that help us stay the course:

- Previous positive experiences around work-life integration - so even if you are failing at the moment, you stay motivated to keep making changes to achieve integration once again
- Strong support at home - including someone who keeps encouraging you to reach for an integrated solution, even if it means leaving an unsupportive workplace
- Seeking out role models who inspire you that integration can be achieved
- Taking time to recharge and replenish your energy so you can overcome the next obstacle

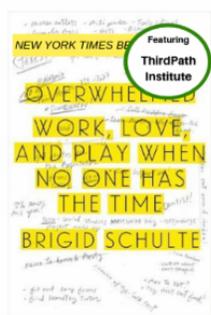
Why do I know this? Because of the challenges I faced this past year.

I have always believed there is a "win-win" answer around work-life integration. However, this year, as I balanced my leadership role at ThirdPath with the unexpected and all-consuming demands of elder care, I learned that some years we will fall short of this goal. Sometimes life will demand more of us, and work will need to take a back seat.

In fact, if you think it's gotten easier for leaders to integrate work and life since ThirdPath was founded, think again. [Read our latest blog post to learn why.](#)

Do you want support taking the next step towards work-life integration?

Join our next OMG! Overwhelm Mitigation groups, read on for more information, or check out the [OMG information on our website.](#)



Fight Overwhelm!

Enter our raffle to win Brigid Schulte's book

Take the Overwhelm survey

Join ThirdPath's Overwhelm Mitigation Groups - OMG!

Find out more: www.ThirdPath.org



Our OMG 12-call series provides an opportunity to learn and master key integration skills. The 1-hour calls meet monthly with a skilled facilitator, like-minded peers, and proven methodology.