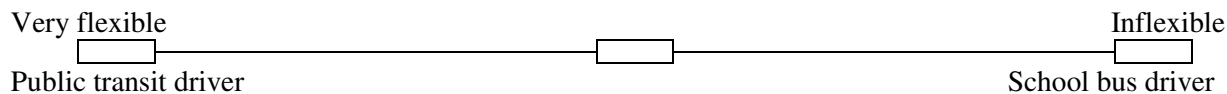


Four Ways To Flex

You want – and need – time for family, personal relationships, community involvement and other life interests. But you also need – and want – to work. Work provides income, allows you to use your skills and to express yourself, and provides an opportunity to contribute to something bigger. Can you redesign your work and create an integrated approach to work and life? At ThirdPath Institute we’ve learned, there is a “win-win” solution for redesigning any job – a solution that is good for your employer *and* good for you. Take a look – which of the four ways can you find flexibility in the work you do?

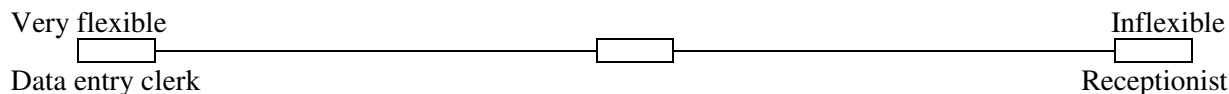
Schedule – How much can you flex when you work?

Could all or some of your work be done during non-traditional work hours?
Early in the mornings? In the evenings? On a Saturday or Sunday?



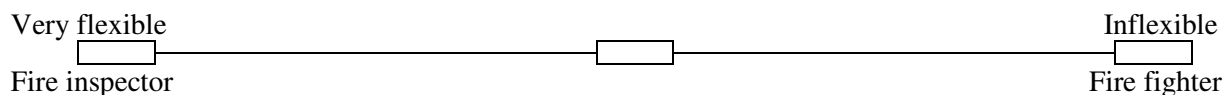
Physical Presence – How much can you flex where you work?

Could all or some of your work be done from home? Could you create a home office?
Telecommute two days a week? Leave work early and finish it in the evenings?



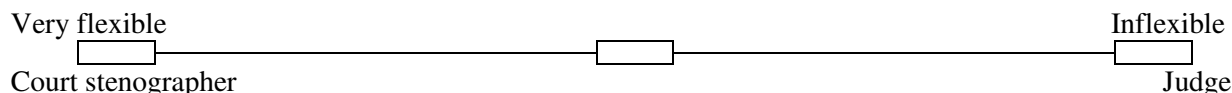
Workflow – How much can you control the quantity and pace of your work?

Can you decide when to take on, or not to take on, another project?
Can you plan your work in advance? Are deadlines fairly predictable?



Substitution – How easy is it for someone else to do the work you do?

Could all or some of your work be easily completed by somebody else?
Could you delegate repetitive tasks? Could you job-share with someone else?



Listed below are a few of our services – contact us if you’d like to learn more!

Work-Family Options Workbook and Coaching - Couples can purchase a stand alone work book or sign up for coaching to help “get on the same page” and create their own unique vision for balancing work and family. The cost of the workbook is \$15.00 + \$4.00 shipping & handling. To learn more about couples’ coaching, email us at: Time4Life@thirdpath.org . Couples’ coaching includes a complimentary copy of the Work-Family Options Workbook.

Services for Whole Life Leaders - Are you a “Whole Life Leader” – someone who has created a life that encompasses family, work, health, friends and personal interests in a meaningful arrangement? Or would you like to become a leader who has done this? Contact ThirdPath to hear more about the special services we have available for you.