

ACROSS THE GLOBE, THERE IS A GROWING GROUP OF LEADERS DOING W/L DIFFERENTLY

One of the biggest stumbling blocks to promoting an integrated approach to work and life is the signals employees read from top leadership, that the only way to the top is to put work first.

Join us on the second Thursday of every month ... The theme of this year's Thursday webinars is "Making the Impossible Possible, Family Well-Being and Gender Equity." All year long we are looking ways to challenge old assumptions and think in new ways. In the next few months we'll be sharing a surprise announcement and taking a look at public policy! Here's a quick overview of what's coming up next.

Get a sneak peek in this month's newsletter ... Read on to see what we'll be discussing next week - we believe it's one of the linchpins for creating change for all. The topic: redefining the arc of successful careers.

Here's an example of what we will be talking about ... Our guest next week is Agnes Uherezky. She's the executive director of The WorkLife Hub and has over 15 years of international experience around work/life integration. Like us, she interviews inspirational leaders who are creating truly 21st century workplaces. Shawn Askinosie is a great example of one these inspiring leader.

Thanks for being part of the growing, vibrant, inspiring ThirdPath community!

/Jessica and the ThirdPath team

PS - Thanks to everyone who supported the important work of our nonprofit this December. We are excited to change the world with you!

THIRDPATH'S PIONEERING LEADER SUMMIT -

May, 2019

Every two years we invite the progressive managers and leaders we work with to attend our biennial Pioneering Leader Summit.

In 2017, of the 60 people who attended the Summit:

- 45% had worked, or were working reduced hours one or more years over the course of their careers;
- 30% worked 2 or more days remotely, and of this group almost half worked fully remotely
- 35% of the participants were men

To find out more about this unique opportunity for professionals, managers and leaders committed to success in their careers while also creating time for life,

Email: [Time4Life\(at\)ThirdPath.org](mailto:Time4Life@ThirdPath.org) **Subject:** 2019 Summit

A Sneak Peek at Next Week's Webinar

We are exploring Anne-Marie Slaughter's 5 mandates for change during the 2018-2019 Thursday with ThirdPath season. Next week we'll take a look at one that ThirdPath has been re-imagining for over 10 years - Redefining the Arc of Successful Careers.

Below is a quick overview of this important topic.

Unless leaders model more integrated lives, work/life integration will continue to be a challenge for women AND men.

When the people at the top of organizations model putting work first their entire careers, they send a strong message that this is the only way to be promoted and get to the top.

We all need time to recharge! But for too many, work and family responsibilities leave little time for health and wellness.

As discussed in our December newsletter, workplace practices, like work-family conflict and long work hours, are as harmful to health as secondhand smoke, a known and regulated carcinogen.

Work overload is especially problematic in organizations with "up or out" careers, or that require you to put "work first."

Especially today, in our always on work culture, careers that require employees to always put work first, often reinforce gender norms - both at work and at home.

The changing needs of children and aging parents, often means one parent creates time for family and the other advances in their career.

Our Whole Life Leaders are doing careers differently. Read, **Transformational Flex**, by DeGroot and Detjen, to learn more.

Luckily, some organizations are beginning to do things differently!

Tune in next Thursday to learn how these issues are playing out internationally -- be inspired by truly 21st century workplaces who are redefining the arc of a successful career.

Brigid Schulte (who will join us in May) advocated for this new approach in her wonderful book, *Overwhelmed*, writing: "What if not just women, but both men and women, worked smart, more flexible schedules? What if the workplace itself was more fluid than the rigid and narrow ladder to success of the ideal worker? ... And what if both men and women became responsible for raising children and managing the home, sharing work, love, and play? Could everyone then live whole lives?".

Join us next Thursday, 1/10/19 @ 1pm ET, to learn more why re-imagining careers is an essential ingredient for making an integrated option available for all.